



COMPETENCY ASSESSMENT CHECKLIST (Maintenance of Indwelling Urinary Catheter)

Name of Staff: _____ ID No.: _____ Date: _____

Name of Supervisor: _____

PROCEDURE	ACHIEVED		RE-ASSESSMENT (If required) or Comments
	✓	X	
1. HAND HYGIENE			
a. Perform hand hygiene before each and every patient contact and before any manipulation of the catheter device or site			
2. MAINTAIN A CLOSED SYSTEM			
a. If breaks in aseptic technique, disconnection or leakage occur, replace the catheter using aseptic technique and sterile equipment			
b. Ensure indwelling catheters are only inserted when clinically indicated			
3. MAINTAIN UNOBSTRUCTED URINE FLOW			
a. Maintain the bag below the level of the bladder			
b. Perform a simple check prior to transport to ensure that all lines and catheters are patent			
c. Use a catheter securement device to anchor the catheter			
d. Keep the urine bag off the floor			
4. MEATAL CLEANING (USE SOAP AND WATER)			
a. Clean the meatus during daily bathing (do not clean with antiseptics)			
b. Remove any encrusted materials on the tubing			
c. Ensure the tubing does not go in and out of the urethra during cleaning			
5. REVIEW CATHETER NECESSITY DAILY			
a. Document indication for urinary catheter on each day of use			
TOTAL SCORE			
TOTAL PROCEDURE SCORE	11		
Percentage Score (Total score/ Total Procedure Score x 100)			



COMPETENCY ASSESSMENT CHECKLIST (Maintenance of Indwelling Urinary Catheter)

INSTRUCTIONS:

A. Competency

1. Training is provided to all personnel who are given responsibility for urinary catheter maintenance (e.g., perineal care, emptying the drainage bag aseptically, maintaining the closed drainage system, maintaining unobstructed urine flow). Personnel may include, but are not limited to, nurses, nursing assistants, medical assistants, technicians, and transport personnel.
2. Training is provided upon hire, prior to being allowed to perform urinary catheter maintenance
3. Assessment is done at least annually.
4. Training is provided when new equipment or protocols are introduced.
5. Personnel are required to demonstrate competency with catheter maintenance (i.e., correct technique is observed by trainer) following each training.
6. Hospital maintains current documentation of competency with urinary catheter maintenance for all personnel who maintain urinary catheters.

B. Supervisor – Registered Nurse/Medical Officer skilled on Indwelling Urinary Catheterization.

C. Scoring:

= $\geq 90\%$ - Competent

$\leq 89\%$ - Needs more training sessions