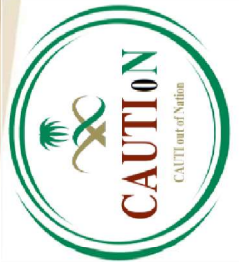


Adherence Monitoring: Indwelling Urinary Catheter Insertion Practices

Unit: _____ Month/Day/Year: _____
Assessment completed by: (Name) _____ Position: _____

Before IUC Insertion	Staff 1	Staff 2	Adherence by Task	
	Yes/No	Yes/No	#Yes	#Observed
1. Determine if there is indication for insertion of IUC	☐ Yes ☐ No	☐ Yes ☐ No		
2. Prepare the UC insertion kit if available or the things for insertion of UC	☐ Yes ☐ No	☐ Yes ☐ No		
3. Select the smallest appropriate IUC size (14 Fr, 5ml or 10 ml balloon is appropriate unless there was an order)	☐ Yes ☐ No	☐ Yes ☐ No		
4. Obtain assistance to facilitate appropriate insertion technique (2-person insertion)	☐ Yes ☐ No	☐ Yes ☐ No		
5. Perform hand hygiene	☐ Yes ☐ No	☐ Yes ☐ No		
Patient Preparation/ Insertion of IUC				
6. Wear clean gloves and perform peri -care	☐ Yes ☐ No	☐ Yes ☐ No		
7. Remove clean gloves and re-perform hand hygiene	☐ Yes ☐ No	☐ Yes ☐ No		
8. Wear sterile gloves and maintain strict aseptic technique throughout the procedure	☐ Yes ☐ No	☐ Yes ☐ No		
9. Insert IUC to appropriate length and check for urine flow before balloon inflation	☐ Yes ☐ No	☐ Yes ☐ No		
10. Inflate balloon correctly (5ml or 10 ml per manufacturer's instructions)	☐ Yes ☐ No	☐ Yes ☐ No		
11. Remove gloves and do hand hygiene	☐ Yes ☐ No	☐ Yes ☐ No		
12. Secure the catheter and keep the urine bag below the Patient's bladder.	☐ Yes ☐ No	☐ Yes ☐ No		
Adherence rate = Total # of Yes / Total # of Observed x 100				



Instructions:

1. Do random audit once in a week in adult medical surgical ICU and use this tool to observe staff's Insertion practice in patients
For indwelling Foley's catheter
2. Observe each practice and check the box if adherent, Yes or No.
3. Check the box for each practice observed
4. Write the total number of "Yes" for adherent practices observed and total number of observations
5. Calculate the adherence rate (%) - Total number of yes / total number of observed x 100.